



PREMIUM
seafoods group

northern shrimp



Canada

NORTHERN SHRIMP

(*Pandalus borealis*)

Atlantic Canadian Northern Shrimp are a sweet tasting flavourful species low in fat and high in protein.

Caught in the icy cold waters off of Eastern Canada in the North Atlantic Ocean, our coldwater shrimp are known for their slightly bigger size than the stocks further north. Northern Shrimp, being the most important coldwater species in the world, offer a clean, very sweet flavour, more intense than warm water shrimp.

Our Canadian Northern Shrimp come from a Marine Stewardship Council (MSC) certified fishery located right off our shores known as Scotia-Fundy. They are caught by local independent harvesters who deliver their catch right to our wharves, ensuring freshness and quality.



Wild Caught

PRODUCT SPECIFICATIONS

Product Form

Raw

Sizing

60-65ct

Pack

1x30lbs

ANNUAL PRODUCTION

1.5 million lbs.

AVAILABILITY

April – June

September - November

METHOD OF CATCH

Otter Trawl

STOCK

Scotia-Fundy Stock

CATCH AREA

FAO 21

NUTRITION FACTS

Serving size: 100g /3.5oz. (raw)

Amount Per Serving

Calories 106

Calories from Fat 15.6
% Daily Value*

Water 75.86g

Total Fat 1.73g

2%

Saturated Fat 0.3g

3%

Cholesterol 152 mg

51%

Protein 20.31 g

41%

Iron 2.41 mg

13%

Sodium 148 mg

6%

Omega-3 0.494 g

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Premium Seafoods Group

449 Veterans Memorial Dr.

PO Box 39

Arichat, Nova Scotia

Canada B0E 1A0

Tel: +1 902 226 3474

Fax: +1 902 226 0026

www.premiumseafoods.ns.ca

